

Supervising First Aid for Mental Health Re-qualification

This 1-day requalification will renew a learner's Supervising First Aid for Mental Health qualification for a further 3 years.



RQF Level 3 Award

Qualification title:	FAA Level 3 Award in Supervising First Aid for Mental Health (RQF)	Code:	603/3770/9
Unit title:	Supervising First Aid for Mental Health	Unit code:	L/617/2920

SCQF Level 6 Award

Qualification title:	Award in Leading First Aid for Mental Health at SCQF Level 6	Code:	R601 04
Unit title:	Leading First Aid for Mental Health	Unit code:	UM88 04

Duration

A minimum of 6 hours.

Syllabus

A range of First Aid for Mental Health related subjects are covered including:

- What is First Aid for Mental Health?
- Identifying mental health conditions
- Providing advice and starting a conversation
- Stress
- Mental health conditions
- Drugs and alcohol
- First Aid for Mental Health action plan
- First Aid for Mental Health in the workplace
- Depression
- Post-traumatic stress disorder
- Self-harm
- Suicide
- Eating disorders
- Personality disorders
- Bipolar disorder
- Psychosis
- Schizophrenia
- Anxiety

Entry Requirements

To enrol in this condensed one-day requalification course, learners must currently hold a valid FAA Supervising/Leading First Aid for Mental Health qualification. It is recommended that learners complete the requalification before their existing certification expires. However, attendance will still be permitted if the qualification has lapsed, provided it has not been expired for more than **three months**.

Numbers

A maximum of 16 students are allowed on the course and must be a minimum of 16 years of age. A certificate can be offered to all, subject to assessment.

Assessment

A range of methods are used, including practical and questioning (open and multiple-choice).

Certification

A Level 3 Award in Supervising First Aid for Mental Health will be issued to the learner, subject to successful assessment. This qualification is valid for three years from the date of achievement. It is strongly recommended that the learner attends annual refresher training. The learner will need to complete this requalification course again to requalify for a further three years.