

## Qualsafe Level 3 Award in Adult Basic Life Support and Automated External Defibrillation (RQF)



Guided Learning  
Hours 2.5



Ofqual  
regulated



Certificate  
valid for 3 year



### Course Overview

The **Qualsafe Level 3 Award in Adult Basic Life Support and Automated External Defibrillation (RQF)** is designed for people who have a specific interest or responsibility at work, or in voluntary and community activities, to provide basic life support (BLS) when dealing with an emergency situation which may also involve using a defibrillator (AED).

The qualification and learning outcomes are based on the recommendations of the Resuscitation Council (UK) and a distinguished panel of experts in emergency medical care.

Successful Learners will develop the practical competencies needed to provide BLS and automated external defibrillation to a casualty.

### What's Covered?

- + Conducting a scene survey
- + Conducting a primary survey on a casualty
- + Identifying when to administer CPR
- + Demonstrating CPR using an adult manikin
- + Demonstrating safe use of an AED
- + Considerations when administering CPR and using an AED
- + When to place a casualty in the recovery position
- + How to place a casualty in the recovery position
- + Continually monitoring breathing whilst in the recovery position

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